



**CHRIST CHURCH  
EPISCOPAL PARISH**

Lake Oswego, Oregon  
The 10 am worship service is  
live streamed and recorded  
and can be seen on our  
YouTube Channel.

# Fourth Sunday of Advent

December 22, 2024

10:00 am

## The Word of God

### Voluntary

### Hymn in Procession

#### *Come, thou long expected Jesus*



1. Come, Thou long - ex - spect - ed Je - sus, born to set Thy peo - ple free;  
2. Born Thy peo - ple to de - liv - er, born a child and yet a King;



from our fears and sins re - lease us, let us find our rest in Thee.  
born to reign in us for - ev - er, now Thy gracious king - dom bring.



Is - rael's strength and con - so - la - tion, hope of all the earth Thou art;  
 By Thine own e - ter - nal Spir - it, rule in all our hearts a - lone;

dear De - sire of ev - 'ry na - tion, joy of ev - 'ry long-ing heart.  
 by Thine all - suf - fi - cient mer - it, raise us to Thy glo - rious throne.

**Opening Acclamation**

**Presider** Blessed be God: Father, Son, and Holy Spirit.

**People** And blessed be his kingdom, now and for ever. Amen.

**Trisagion**

**Hymn S 101**

**Holy God,  
 Holy and Mighty,  
 Holy Immortal One,  
 Have mercy upon us.**

**Collect For Purity**

**BCP 355**

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

## **Collect of the Day**

**BCP 211**

**Presider** The Lord be with you.

**People** And also with you.

**Presider** Let us pray.

Purify our conscience, Almighty God, by your daily visitation, that your Son Jesus Christ, at his coming, may find in us a mansion prepared for himself; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

## **The Lessons**

### **The First Lesson**

**Micah 5:2-5a**

**Lector** A Reading from the Book of Micah.

You, O Bethlehem of Ephrathah, who are one of the little clans of Judah, from you shall come forth for me one who is to rule in Israel, whose origin is from of old, from ancient days. Therefore he shall give them up until the time when she who is in labor has brought forth; then the rest of his kindred shall return to the people of Israel. And he shall stand and feed his flock in the strength of the Lord, in the majesty of the name of the Lord his God. And they shall live secure, for now he shall be great to the ends of the earth; and he shall be the one of peace.

**Lector** Hear what the Spirit is saying to God's people.

**People** Thanks be to God.

### **The Song of Mary**

**S 185**

Antiphon: He that is mighty hath magnified me: and holy is his Name.

### **The Second Lesson**

**Hebrews 10:5-10**

**Lector** A Reading from the Letter of Paul to the Hebrews.

When Christ came into the world, he said, "Sacrifices and offerings you have not desired, but a body you have prepared for me; in burnt offerings and sin offerings you have taken no pleasure. Then I said, 'See, God, I have come to do your will, O God' (in the scroll of the book it is written of me)." When he said above, "You have neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings" (these are offered according to the law),

then he added, "See, I have come to do your will." He abolishes the first in order to establish the second. And it is by God's will that we have been sanctified through the offering of the body of Jesus Christ once for all.

**Lector** Hear what the Spirit is saying to God's people.

**People** Thanks be to God.

**Sequence Hymn**

**Hymn 267**

*Praise we the Lord this day*

**The Gospel**

**Luke 1:39-45(46-55)**

**Gospeler** The Holy Gospel of our Lord Jesus Christ According to Luke.

**People** Glory to you, Lord Christ.

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord." [And Mary said, "My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has looked with favor on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name. His mercy is for those who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts. He has brought down the powerful from their thrones, and lifted up the lowly; he has filled the hungry with good things, and sent the rich away empty. He has helped his servant Israel, in remembrance of his mercy, according to the promise he made to our ancestors, to Abraham and to his descendants forever."]

**Gospeler** The Gospel of the Lord.

**People** Praise to you, Lord Christ.

**The Homily**

**The Rev'd Brad Toebben**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.**

**For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead, and his  
kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who  
proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified. He  
has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

*The people stand or kneel.*

**Prayers of the People** *(written by Christ Church, Lake Oswego, OR)*

Intercessor: In this Advent Season, let us with hands and hearts prepare the Way of the Lord.

We pray for the church: a community born through Christ's incarnation, death, and resurrection.

As it continues to wait in hope for the return of Christ that ushers in fully the Kingdom of God's love and inclusion, may it seek out those who are displaced, those who live in scarcity of nourishment, and those in need of housing and shelter.

We pray especially for our ministries to Potluck in the Park, Habitat for Humanity, the Lake Oswego Meal Network.

Let us pray.

**People: Come, Lord of Faith.** \

Intercessor: We pray for the nation in this time of leadership transition.

May it find stability in this time of the unknown, modeling the Holy Family's uncertainty as to what lies ahead. May it advocate for justice and inclusion of all, especially the vulnerable and those who are marginalized.

We pray especially for the Lake Oswego Transitional Shelter Ministry; those helped by the Outreach Giving Tree; and those who live in the anxiety of possible deportation.

Let us pray.

**People: Come, Lord of Hope.**

Intercessor: We pray for the welfare of the world.

In this time of great conflict and war, may the world remember its unity born from diversity that reflects the image and reality of God's sacred presence in all.

We remember especially the work of the American Red Cross, the commitment of On Common Ground, our long-standing partnership with the Masaka School in Uganda and its funding partner Sam's Attic, and those who are refugees in our midst.

Let us pray.

**People: Come, Lord of Compassion.**

Intercessor: We pray for the concerns of this community and those in our care, remembering especially our commitment to the ministry of William Temple House, TLC/TnT, and those aided by Christ Church Food Pantry.

We pray for those in sickness and distress, remembering especially \_\_\_\_\_ and concerns we name aloud or in the silence of our hearts.

*(Silence is observed.)*

Let us pray.

**People: Come, Lord of Healing.**

Intercessor: We commend to your mercy all who have died, (especially \_\_\_\_\_), that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Let us pray.

**People: Come, Lord of Love.**

Presider: Lord Jesus,

Master of both the light and the darkness, send your Holy Spirit upon our preparations for Christmas.

We who have so much to do seek quiet spaces to hear your voice each day,

We who are anxious over many things look forward to your coming among us.

We who are blessed in so many ways long for the complete joy of your kingdom.

We whose hearts are heavy seek the joy of your presence.

We are your people, walking in darkness, yet seeking the light.

To you we say, "Come, Lord Jesus!" *(Henri J.M. Nouwen)*

**All: Come, Lord of Joy. Amen.**

### **The Confession**

Presider Let us confess our sins to God.

**God of all mercy,**

**we confess that we have sinned against you,  
opposing your will in our lives.**

**We have denied your goodness in each other,  
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,  
the evil we have done,**

**and the evil done on our behalf.**

**Forgive, restore, and strengthen us**

**through our Savior Jesus Christ,**

**that we may abide in your love**

**and serve only your will. Amen.**



## **The Absolution**

**Presider** Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

**People** Amen.

## **The Peace**

**BCP 360**

**Presider** The peace of the Lord be always with you.

**People** And also with you.

## **Birthday Prayer**

**BCP 830**

Watch over thy child, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand, comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may thy peace which passeth understanding abide all the days of their lives; through Jesus Christ our Lord. Amen.

## **Anniversary Prayer**

**BCP 431**

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

# **The Holy Communion**

## **Offertory Anthem**

The Yearning

Craig Courtney

*There is a yearning in hearts weighed down by ancient grief  
and centuries of sorrow*

*There is a yearning in hearts that in the darkness hide  
and in the shades of death abide, a yearning for tomorrow*

*There is a yearning, a yearning for the promised One,  
the Firstborn of creation*

*There is a yearning for the Lord who visited His own  
and by His death for sin atoned to bring to us salvation*

*Emmanuel, Emmanuel, within our hearts the yearning*

*There is a yearning that fills the hearts of those who wait  
the day of His appearing*

*There is a yearning when all our sorrows are erased  
and we shall see the One who placed within our hearts the yearning*

## **Presentation Hymn**

**Hymn 436**

*Lift up your heads, ye mighty gates*

## **The Great Thanksgiving**

*Please stand or kneel throughout the Eucharistic Prayer and Lord's Prayer as you are able.*

### **Eucharistic Prayer 2**

### **Enriching Our Worship**

Presider        The Lord be with you.

**People**        And also with you.

Presider        Lift up your hearts.

**People**        We lift them to the Lord.

Presider        Let us give thanks to the Lord our God.

**People**        It is right to give our thanks and praise.

Presider        We praise you and we bless you, holy and gracious God,  
source of life abundant. From before time you made ready the creation.  
Your Spirit moved over the deep and brought all things into being:  
sun, moon, and stars; earth, winds, and waters; and every living thing.

You made us in your image, and taught us to walk in your ways.

But we rebelled against you, and wandered far away; and yet, as a mother cares  
for her children, you would not forget us.

Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing (say):

**Sanctus**

**S 124**

Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

*The Presider continues*

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us.

He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends.

He took bread, gave thanks to you, broke it, and gave it to them, and said:

“Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.” As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all

for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

**Presider and People:**

**Dying you destroyed our death.**

**Rising, you restored our life.**

**Christ Jesus, come in glory!**

Now gathered at your table, O God of all creation,  
and remembering Christ, crucified and risen,  
who was and is and is to come,  
we offer to you our gifts of bread and wine,  
and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts  
that they may be the Body and Blood of Christ.  
Breathe your Spirit over the whole earth  
and make us your new creation,  
the Body of Christ given for the world you have made.

In the fullness of time bring us,  
with [\_\_\_\_\_ and] all your saints,  
from every tribe and language and people and nation,  
to feast at the banquet prepared  
from the foundation of the world.

Through Christ and with Christ and in Christ,  
in the unity of the Holy Spirit,  
to you be honor, glory, and praise,  
for ever and ever. AMEN.

## The Lord's Prayer

BCP 364

*Presider* And now, as our Savior Christ has taught us, we are bold to say,  
*All*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.  
And forgive us our trespasses,**

**as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil For  
thine is the kingdom, and the  
power, and the glory  
for ever and ever. Amen**

## Breaking of the Bread

BCP 364

*Presider* Alleluia. Christ our Passover is sacrificed for us.

*People* **Therefore let us keep the feast. Alleluia.**

## Fraction Anthem

S 159

O Lamb of God, that takest away the sins of the world,  
have mercy upon us.

O Lamb of God, that takest away the sins of the world,  
have mercy upon us.

O Lamb of God, that takest away the sins of the world,  
grant us thy peace.

## Communion of the People

*Communion will be served from the altar rail. Please stand or kneel as is your custom. The bread will be placed on your palm. Gluten-free wafers are available; please indicate to the priest if you require this alternative. Those who do not wish to receive communion are welcome to come forward for a blessing, indicated by crossing your arms over your chest.*

## Communion Anthem

And Mary Said

Larry Theiss

*Elizabeth, filled with the Holy Spirit, cried out in a loud voice and said:  
"Blessed are you among women and blessed is the fruit of your womb.  
Blessed are you who believed that what was spoken to you by the Lord  
would be fulfilled."*

*And Mary said:*

*"My soul proclaims the greatness of the Lord  
My spirit rejoices in God, my Savior  
for He has looked upon His lowly servant.  
From this day all generations will call me blessed;  
the Almighty has done great things for me  
and holy is His name."*

**Communion Hymn**

**Hymn 265**

*The angel Gabriel from heaven came*

**Post-Communion Prayer**

**BCP 365**

*Please stand or kneel for the Post-Communion Prayer and The Blessing as you are able.*

***Presider and People***

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

**The Blessing**

*The Presider may offer a blessing, to which the People respond, Amen.*

**The Dismissal**

**BCP 366**

*The Presider dismisses the congregation and the People respond,  
People Thanks be to God.*

**Hymn in Procession**

**Hymn 269**

*Ye who claim the faith of Jesus*

**Voluntary**

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**The Church Office will be closed December 24th-January 2nd.**

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**2025 Giving Campaign**

**To date we have received 87 pledges  
for a total of \$425,686.89.**

**WE NEED AN ADDITIONAL \$132,313.11  
TO BALANCE OUR BUDGET.**

**Please keep these people in your prayers this week:**

Tom, Yvonne, Bill, Deb, Maria, Evelyn, Michael, David, Connie

**To Request a Prayer Send an email to [prayers@ccparish.org](mailto:prayers@ccparish.org) with your request.**

**Want to honor loved ones or celebrate special life events?** Sponsor the flowers presented on the High Altar on Sunday mornings. Sign up on the Flower Calendar on the table in the Narthex.

**Votive Prayer Candles Votive candles are a way for the faithful to remember a loved one or pray for a special intention.** We ask for a donation of \$2 for each prayer candle to help with the cost of tending and maintaining the candles. Your gift is fully tax-deductible and is a true blessing.

**The Nursery is open for the 10 am service.** We don't bring the wee littles into church for communion as we do the older kids. Parents are welcome to pick their kids up from the Nursery for communion if they wish.

**Our Sunday School program is on Christmas break December 22 and 29.** We always welcome kids in our church services and look forward to seeing you if you are here. We have coloring pages and some fun seek and find books for pew support! You'll find these materials on a table in the Narthex by the Guild Room.

**Need for William Temple House (WTH) Representative: WTH offers food, counseling, clothing, and household items to Portland-area residents. “We envision a future where everyone in our community is fully nourished—emotionally, physically, and spiritually.”** The Christ Church Outreach Committee needs someone to step forward to represent WTH. The time commitment involves:

- Participating in the one-hour Outreach online committee meeting once a month.
- Contacting WTH and arranging for them to pick up donated items. They come to Christ Church and pick up all the materials.

So, the time commitment is minimal; but the rewards are great!

If you are interested, please email Darlene Russ-Eft at [russeftd9@gmail.com](mailto:russeftd9@gmail.com)

**There is a new Christmas Catalog for gifts for Uganda. Your donation can go towards food, books, malaria medication, sponsoring a student, or several other options.** The beautiful full catalog is on the bulletin board in the Narthex, or you can access it at: [gsmuganda.org/gifts](http://gsmuganda.org/gifts) choose “gift catalog” in the heading and read a bit about each option.

**Or you can simply mail a check to**

GSM Uganda

7929 SW Cirrus Dr # 23

Beaverton, OR 97008

Any questions, please ask Mary Sullivan: [masullivan2017@gmail.com](mailto:masullivan2017@gmail.com)

**The CCP Men’s Fellowship Group meets for breakfast at 8 am every Wednesday** at the Lake Oswego Biscuits Café (near Kruse Way and Boones Ferry). All male parishioners, and others who may be interested, are cordially invited (and encouraged) to attend. If you have questions please feel free to contact [chuckschrader@gmail.com](mailto:chuckschrader@gmail.com) or Fr. Brad.



**The Lake Oswego Transitional Shelter Ministry (LOTSM) social worker has shared a need with our congregation and other LOTSM churches.** Each year, Clackamas County Social Services creates a Wish List on Amazon with specific items picked out by parents/kids in need (link below). The items ship directly to their office and then go directly to the parent for the holiday season. Please consider helping to make this Christmas season a little brighter for these families in our community.”

[https://www.amazon.com/hz/wishlist/ls/3N4FZZH0VFAPG?ref=wl\\_share](https://www.amazon.com/hz/wishlist/ls/3N4FZZH0VFAPG?ref=wl_share)

**Our Annual Meeting will be on March 2, 2025  
Annual Reports are Due on January 13, 2025.**

## **Outreach – CCEP Food Pantry**

Winter Food Drive Updates

Help Us Combat Hunger!

**Food For the Holidays for TNT/TLC:** <http://www.tlctnt.org/>

Before Christmas, we hope to deliver more food to multiple families in Northeast Portland through TLC/tnt.

Many families currently have enough food for only one or two meals per day. Your donations will make a difference. We hope to full our shelves and deliver that food to both TLC/tnt and possibly other locations too, just in time for the holidays!

Your food donations play a role in helping people to deal with hunger and we thank you for caring!

### **How You Can Help:**

When you are grocery shopping, please pick up some additional items to help continue our support to the emergency food pantries in our area.

We are requesting a variety of canned food products, including canned fruit, soups, beans along with dried goods such as cereal, flour, rice and pasta. Infant formula is just as important and serves a critical part of our mission.

Please place your donated canned and dried food items along with infant food products in the Food Pantry basket in the narthex.

Please drop off your bags of food donations in the lobby before each Sunday service or during the week on Mondays - Thursdays between 9-1PM.

**Important:** Please check the expiration dates before you donate. The Food Pantries that we support may reject expired food products. If have food that is expired, please dispose of it in a way that is environmentally responsible.

Your donations are making a difference in people's lives and again, thank you!  
If you have any questions, please contact  
Steve Whittaker [steve@whittpho.com](mailto:steve@whittpho.com)

**Pacific Refugee Support Group  
Know Your Rights & Resources  
For All Community Members 🦊**

“The fact that we cannot save everything does not mean we cannot save anything, and everything we can save is worth saving.” — Rebecca Solnit

During uncertain times, strengthening and supporting our community is needed now more than ever because community is how we will get through it. With this in mind, we are sharing essential resources to equip our larger PRSG community with the tools to support one another.

**Sharing knowledge is an act of care — and together, we are stronger.**

**The Basics: What You Need to Know**

Oregon is a Sanctuary State, which means it is illegal for state and local officials to cooperate with or share information with federal immigration officials without a Judicial Warrant. However, Oregon state or local officials cannot actively prevent federal officials, such as ICE or the National Guard, from carrying out their immigration enforcement duties here.

Despite Oregon's status as a Sanctuary State, community members can still experience Sanctuary Law Violations.

To learn more visit <http://eepurl.com/i6oSjw>

**The First Sunday after Christmas  
We will have just one liturgy at 10 AM, December 29th.**

*Christmas*  
2024  
Christ Church Episcopal Parish  
Lake Oswego, Oregon



**Tuesday, December 24**  
**Christmas Eve Family Eucharist**  
3:00 pm

**Festive Holy Eucharist Rite II**  
5:00 pm  
**Festive Holy Eucharist Rite II**  
9:00 pm Carols Start  
9:30 pm Mass Starts

**Wednesday, December 25**  
**Christmas Day Rite II**  
10:00 am

**Sunday, December 29**  
**Holy Eucharist with**  
**Lesson and Carols Rite II**  
10:00 am

## Participants in Worship

The Rev'd Brad Toeppen, *Preaching and Presiding*

Mark Peterson, *Eucharistic Minister*

Judy Montgomery, *Lector*

## CLERGY

Rector The Rev'd Brad Toeppen (503-781-5318) [brad@ccparish.org](mailto:brad@ccparish.org)

## STAFF

Director of Christian Formation Susie Coffman-Sisk ext. 105 [scoffman@ccparish.org](mailto:scoffman@ccparish.org)

Preschool Director Candace Ray ext. 115 [cray@ccparish.org](mailto:cray@ccparish.org)

Parish Administrator Julie Mankin ext. 103

[parishadmin@ccparish.org](mailto:parishadmin@ccparish.org)

Music Director\* Tiffany Carter [tcarter@ccparish.org](mailto:tcarter@ccparish.org)

Organist\* Jane Mendenhall [jmendenhall@ccparish.org](mailto:jmendenhall@ccparish.org)

Custodians\* Javier & Nidia Gonzales

\*Part-Time Staff

## Vestry

### Class of 2024

Mike Dotten

Dan McAllister

Elizabeth Hendricks

Sydney Fitzpatrick

### Class of 2025

Michael Fraser

Maria Henkle

Amanda Kreitzberg

Stewart Bartlett

### Class of 2026

Lizzy Rice

Eleanor Suman

Cynthia Stenger

David White

**Treasurer** Don Caldwell

**Clerk of the Vestry** Barb Randall

To contact the Vestry email [vestry@ccparish.org](mailto:vestry@ccparish.org)



**CHRIST CHURCH EPISCOPAL PARISH**

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